

Christ Church Haywards Heath Biblical Counselling Request Form

Please complete all the sections of the form below or state why you are unable to complete a particular section.

If you have any questions or difficulties about completing this form please speak to Mark or email markv@cchh.org.uk with your questions.

Personal Details:

Name:

Address:

Phone number and/or mobile phone number:

Email address:

Age:

Information regarding your area of struggle/issue of concern/area of suffering:

Briefly please describe the nature of your main problem/struggle/area of suffering?

When did this difficulty/struggle/area of suffering begin? Please outline any specific events occurring at that time.

Why are you seeking help with this area of struggle at this point in time? Is there something in particular that has prompted you to ask for help now?

What do you hope will be the outcome of seeking biblical counselling within Christ Church Haywards Heath

Where is this particular struggle impacting on your life? (Delete any areas that are less relevant)

Relationship with God Home Work Marriage Family relationships

Other relationships

Your Faith

At Christ Church we firmly believe that the gospel is the heart of change and the church of Christ is God's chosen context for change and is what God uses to transform people.

Therefore it is helpful to know about your faith and your current involvement or otherwise in Christ Church.

Briefly summarise what you believe about God and the gospel of Jesus and how you would describe yourself from a faith/Christian perspective. If you are currently unsure what you believe then describe this.

What is your current involvement? Include any information on Community groups, 1 to 1s and other small group ministries.

Previous counselling

Have you previously had any counselling or therapy of any kind (secular or Christian or not sure)? If so give brief details of when the counselling occurred, how many sessions, where was this counselling through, who did you meet with, what was the main topic covered.

Other background information

Please give brief details about your marital status, your family, your current living arrangements.

Confidentiality of the information on this form

The information on this form will be read by Biblical Counselling Co-ordinator (Mark Ventham). The Elders would be made aware that you have requested counselling but no information would be shared without consultation with you. If you have concerns about this please indicate that in the additional information section below. If there is information that gives rise to safeguarding concerns this will be dealt with as per the church safeguarding policy.



Christ Church

HAYWARDS HEATH

The information in this form would not usually be shared with anyone else (except in exceptional circumstances without first gaining your consent to share the information).

Signed:

Date:

What happens next

1. Your completed form will be read by the Mark. If it is felt he needs a bit more information before knowing what to suggest next he will contact you.
2. Mark will then be in touch with you to make a suggestion of what next. You will be contacted either by email or by a phone call.
3. Possible options for what might happen next include:
 1. Begin meeting with one of the team formally
 2. We suggest you meet with an Elder.
 3. We suggest an alternative source of pastoral care (e.g. meeting 1 to 1 with a church member who has particular experience of the issue you are facing)
 4. Having completed your biblical counselling sessions we will be encouraging you to be part of existing pastoral care networks within the church (e.g. home group).

Data protection notice.

Christ Church Haywards Heath is compliant with the General Data Protection Regulations (2018), as outlined in its Data Protection Policy.

All data contained on this form will be treated as highly confidential and will be securely stored in electronic form on the church's secure database by CCHH as you explore counselling with the Biblical Counselling team. The form will be kept for the duration of your counselling and for one year after the completion of your counselling. You may request a copy of the information stored about you, by sending a subject access request in writing to the church office as per the church's data protection policy and may request the correction or deletion of information following such a request.